



**WASH LIST**  
2023 WINTER

## Year-Round Needs:

### Soup Kitchen:

- Meat: chicken, ground beef/turkey, and or canned Tuna
- Gallon of milk
- sugar
- Marinara or spaghetti sauce
- Essential seasoning: garlic powder, onion powder, poultry, taco, and paprika
- Vegetables: fresh or canned - #10
- Fruit: fresh or canned - #10

**\*#10 cans are between 106-108 oz**

### Shelter:

- Men's deodorant
- Soap bars
- Travel size lotion
- Shaving cream
- Winston-Salem Transit Authority
- Rain Ponchos

**\*We do not need men's conditioner, toothbrushes, toothpaste, or razors at the time.**

## Immediate Needs:

### Culinary Supplies:

- Lysol All Purpose Spray
- Dishwashing Gloves
- Cutting Gloves
- Oven Mitts
- Paper Towels
- Silverware: Spoons + Forks
- Spice Shakers

### Soup Kitchen:

- Coffee 1.9 pounds
- Hot Cocoa
- Essential Seasonings
- Salt + Pepper

### Shelter:

- Handwarmers
- Rain Ponchos
- Body Soap



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### IMPORTANT THINGS TO KNOW:

Due to space and storage limitations, we **DO NOT** accept any clothing items. Please consider contacting the [Winston-Salem Recue Mission](#), a nearby [Goodwill donation center](#) or your charity of choice.

### FOR HEALTH AND SAFETY REASONS, WE CANNOT ACCEPT DONATIONS OF:

- Expired food
- Farm fresh eggs
- Home canned good such as jellies, preserves, etc
- Prepared food with mayonnaise
- Unprocessed or home-processed wild game