



SOUP KITCHEN: YEAR ROUND NEEDS

- Meat: protein – chicken, ground beef/turkey, or canned tuna
- Gallons of milk
- Sugar
- Marinara or spaghetti sauce
- Seasonings: garlic powder, onion powder, poultry, taco, paprika
- Vegetables: fresh produce or large cans (#10)
- Fruit: fresh produce or large cans (#10)
- Plastic cups with lids

*** Please note: #10 cans are between 106-109 oz**

SOUP KITCHEN: IMMEDIATE + SEASONAL

- Hot cocoa
- Coffee 1.9 pound

SHELTER INN: YEAR ROUND NEEDS

- Men's deodorant
- Soap bars
- Travel size lotion
- Shaving cream
- WSTA single or bulk bus passes (see purchasing instructions on the Samaritan's website)
- Rain ponchos

***we do not need Men's conditioner, toothbrushes, toothpaste, or razors at this time.**

IMPORTANT THINGS TO KNOW:

Due to space and storage limitations, we DO NOT accept any clothing items. Please consider contacting the [Winston-Salem Recue Mission](#), a nearby [Goodwill donation center](#) or your charity of choice.

FOR HEALTH AND SAFETY REASONS, WE CANNOT ACCEPT DONATIONS OF:

- Expired food
- Farm fresh eggs
- Home canned good such as jellies, preserves, etc
- Prepared food with mayonnaise
- Unprocessed or home-processed wild game



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