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*Return Service Requested*

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# SUMMER 2017 WISH LIST

## Soup Kitchen

- |   |  |
|---|--|
| <input type="checkbox"/> Fresh Garden Produce                   | <input type="checkbox"/> Mayonnaise          |
| <input type="checkbox"/> Proteins: Chicken, Ground Beef, Turkey | <input type="checkbox"/> Coffee              |
| <input type="checkbox"/> Canned Goods: Chicken or Tuna          | <input type="checkbox"/> Aprons              |
| <input type="checkbox"/> Pasta                                  | <input type="checkbox"/> Seasonings & Spices |
|   | <input type="checkbox"/> Condiments          |

## Shelter

- ☐ Men's deodorant
- ☐ Laundry Pods (high efficiency)

We also accept prepared foods leftover from special events, corporate gatherings, etc. Drop off donations 9 a.m. to 5 p.m.

Non-Profit  
U.S. Postage  
PAID  
Winston-Salem, NC  
Permit No. 395



## ANNUAL FUNDRAISING BREAKFAST

September 28, 2017  
7:30 a.m.  
Bridger Field House

To serve as a sponsor or table captain, please contact Jan Kelly at:  
[jan.kelly@samaritanforsyth.org](mailto:jan.kelly@samaritanforsyth.org) or 336-448-2665.



## PENNY CAMPAIGN BEGINS OCTOBER 1

Collection Day is Dec. 2 from 10 a.m. to 2 p.m.

## PENNY CAMPAIGN DROP-OFF

110 Oakwood Dr. and 414 E. Northwest Blvd.  
Saturday, December 2, 2017

**GOAL: \$65,000**

To request jars or jar stickers, contact [info@samaritanforsyth.org](mailto:info@samaritanforsyth.org).

# Tour de Llama raises \$21,573

Soul Sister was the winning name at the fourth annual Tour de Llama cycling event to benefit Samaritan Ministries. She entertained the crowd of 173 cyclists with fun-loving looks while her mother kept a watchful eye on her cria at Divine Llama Vineyards on June 24.

Fifty-seven sponsors participated, an all-time high for the event. Samaritan Ministries appreciates every volunteer who helped. A special thanks to Aon for organizing and running the rest stop and registration and to Davenport for helping with registration and parking. All money raised stays in the community feeding the hungry and sheltering homeless men.



"It was really rewarding to help out during registration and witness the number of people that attended Tour de Llama to support the cause," said Tia Smith of Davenport, one of the event sponsors. "You could sense the excitement of and spirit



from everyone involved. We are already looking forward to next year!"

Matt Canter with Ken's Bike Shop gives his expertise each year to make the day a success. Michael West, a Samaritan board member, started the event several years ago to help Samaritan and to raise awareness about our mission in the community.

After the ride, cyclists enjoy a meal prepared by Grill Team Six, a group of local lawyers, who donate their services to cook chicken, brisket and bratwurst. People often stay around to go on hayride tours, listen to music and enjoy the peacefulness of the countryside.

# A TRIBUTE TO TYRONE

**If you've been through the doors at Samaritan Ministries, you've likely met Tyrone Baldwin. While he has worked in maintenance at Samaritan since 1996, his presence resonates through every aspect of Samaritan Ministries. Although we're happy for him, we're saddened that the time has come for Tyrone to retire.**

Prior to his hiring in 1996, Tyrone was faced with drug addiction for over 20 years. The addiction took away his basketball scholarship and educational plans, leaving him on the streets and homeless. He arrived 20 years later at Samaritan Ministries' doors in need. He has always credited that day as one that would forever change his life. Little did we know, he would actually change ours.

Following the completion of Project Cornerstone, the staff at Samaritan decided to take a chance on Tyrone and hire him as the maintenance staff member. Armed with a key,

vacation time and health insurance, it took Tyrone some time to fully grasp the opportunity he had been given. His appreciation has been forever transparent. Over the last 21 years, Tyrone has experienced several health crises—from a knee surgery to heart surgery to kidney problems. Even through these hurdles, his service to this organization has never been short of dedication and hard work.

We'll all miss Tyrone. His kind words to anyone he encountered. His challenging words to less behaving guests. His dedication to his job and his relentless work ethic. His love for God and people. Most of all, we'll miss his example to others in living out the mission of Samaritan Ministries.



Tyrone Baldwin



For I was hungry, and you gave me something to eat ... I was a stranger and you invited me in ...

Matthew 25:35

Samaritan Ministries  
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VP/Analytic Consultant, Wells Fargo

Good News & Gratitude

Dear Friends of Samaritan,  
  
As we dive into the second half of the year, I look back at the first half and am humbly appreciative of the support and generosity exuded by every one of you, enabling Samaritan to help our neighbors in need.

The Tour de Llama was another incredibly successful event. The attendance and amount raised was the highest yet—which is truly something to celebrate. We are thankful to those that attended, supported, participated and volunteered to make this event one to remember.

We are happy to have the Empowerment Project now residing in our Samaritan home. While the HOT Project's work has been completed, The Empowerment Project will serve as a valuable resource, not only for our guests, but for all homeless adults and families experiencing mental health or substance abuse struggles in our community. I would like to extend a very warm welcome to the Empowerment team.

A longtime family member of ours, Tyrone Baldwin, has retired from his maintenance role at Samaritan. Those of you who met him once or many times, know how great Tyrone is. He is a truly exemplary person and embodies, to his core, what Samaritan Ministries represents. I reflect on the last 20 years that Tyrone has been in my life, becoming the brother I never had, and know that my life has been better with him in it. Please join me in sending well wishes to Tyrone as he begins his retirement.

Grace and peace,

*Sonjia*

Sonjia Kurosky, Executive Director

Empowerment Project

The HOT (Homeless Opportunities and Treatment) Project has completed its work at Samaritan and we're pleased that The Empowerment Project has located their offices in the Samaritan building.

Beginning in 2009, the HOT Project previously offered an onsite mental health clinic in partnership with Wake Forest Baptist's Medical Center's department of psychiatry and behavioral medicine. It was open to homeless men and women in Forsyth County and throughout its lifetime, over 930 people were enrolled in the program and 515 were transitioned to housing.

“We're grateful for HOT Project's outreach to homeless people with chronic mental illness,” said Sonjia Kurosky, Samaritan executive director. “By offering counseling and medication, HOT helped stabilize so many folks who could then transition to housing, maintain a job and live as members of society.”

The Empowerment Project will operate as a street outreach program for homeless adults and families experiencing



mental health struggles or substance use disorders. By helping participants navigate through a system of services, referrals and resources in our community, these support channels will help enable permanent housing, health and income options. Samaritan's location is ideal for outreach to people in need because so many people eat at the Soup Kitchen every day of the week. Additionally, the services are not limited to Samaritan guests.

“We help those recovering from challenges such as substance abuse disorders, mental health needs and lack of income to get into permanent housing without preconditions that

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What’s on the menu

Canned goods, coffee and oodles of noodles line the pantry shelves at Samaritan Ministries. How does all of that end up in guest favorites like barbecue chicken, baked spaghetti or taco salad?

Derrick Newkirk, the Soup Kitchen Manager, says that staff and our volunteers take whatever we have to try to piece a meal together. The process often begins with finding a protein for the meal.

Prestige Chicken donates three cases of chicken leg quarters a month. Newkirk visits the Second Harvest Food Bank of NWNC once a week. Ribs from Second Harvest have been a popular treat for our guests this summer. “We could never afford to buy that in a store or even wholesale.”

Residents from Arbor Acres donate

quarterly. Sylvia Sanchez has been using up her food service allotment at Arbor Acres by contributing pork loins to Samaritan for seven years.

Fresh produce is also a key ingredient to providing a healthy meal at low cost. Individuals drop off extra squash, tomatoes or corn. Volunteers really enjoy making summer salads like cucumber and tomatoes. When fresh produce isn't available, we pull together canned green beans, corn and peas for mixed vegetables. It takes 400 small cans just to provide enough for lunch.

We're not afraid to try new things, said Newkirk. We've even had hunters drop off processed deer meat. Samaritan can turn donations around within 24 hours. In early June, Hanesbrands delivered about 15 pans of barbecue, slaw, baked beans and banana pudding from a lunch function. This became dinner that same evening, and the remaining food was served at lunch the next day.



According to Newkirk, one of the most unusual donations came from a family who was cleaning out their mother's freezer upon her death. She had nearly 200 pounds of frozen zucchini, asparagus, lima beans, tomatoes, ground turkey and ham. Newkirk and his team turned it into Brunswick stew.

“We put so much effort in preparing and serving meals at Samaritan because for many, this is their only meal. They really depend on Samaritan, and it's nice to give our guests something special.”

Wake Forest students survey Soup Kitchen guests

On March 17, Wake Forest students in Dr. Holly H. Brower's Nonprofit Leadership class conducted a survey of 186 Soup Kitchen guests.

The survey results confirm how important Samaritan is to our guests. Sixty-four percent of guests consider lunch in the Soup Kitchen their main meal of the day, and 45 percent eat at Samaritan every day of the week. They have nowhere else to go.

Surprisingly, only 45 percent of Soup Kitchen guests are homeless.

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other programs might require,” said Obie Johnson, Team Lead for The Empowerment Project.

By partnering with the Wake Forest Baptist Health Division of Faith and Health Ministries, individuals and families will receive spiritual support

Many have jobs but have difficulty making ends meet.

Several years ago, Samaritan removed salt and sugar shakers from the Soup Kitchen because we know our guests suffer from chronic health problems. The survey results show that fifty-five percent of our guests suffer from chronic conditions like high blood pressure, diabetes and high cholesterol.

Students in the class participated in the survey or helped recommend social media strategies for Samaritan. Part of the course curriculum included talks from Sonjia Kurosky, executive director, and Keith

through ministries of growth, hope and healing. Reverend Graylin Carlton will serve as the liaison between Baptist and The Empowerment Project and bring an invaluable layer of support, care and compassion to those enrolled in the program.

Through their recovery-oriented approach, The Empowerment

Rogers, board chair, about board governance at a non-profit. Anna Donze, volunteer coordinator, shared information about managing a volunteer program which brings over 70,000 volunteer hours annually.

The students also volunteered at Samaritan, serving meals in the Soup Kitchen, spending the night in the shelter and meeting our guests. Dr. Brower commented, “It is through these conversations and experiences that my students really gained understanding about the complexity of leading a nonprofit. Every student commented in the course review about the impact of the projects they did to enhance that learning.”

Project will give participants the opportunity to reclaim and transform their lives by partnering with some of the best resources right here in our community. This assessment and referral process will be the focus of The Empowerment Project and ensure that guests are connected to the services they need.