

# THE GOOD SAMARITAN

Volume 22, Issue 2

Summer 2015



## PENNY CAMPAIGN IS COMING

**GOAL: \$50,000**

### NEW HOURS AND AN ADDITIONAL DROP-OFF LOCATION

Bring your collection to 110 Oakwood Drive or 414 Northwest Blvd., Samaritan's new building.

Saturday, Dec. 5 from 10 a.m. to 2 p.m.

### MATERIALS AVAILABLE:

August 2015.

To request jars or stickers, contact: [mary.giunca@samaritanforsyth.org](mailto:mary.giunca@samaritanforsyth.org)

### COLLECTION KICK-OFF:

October 2015

## Cyclists, sponsors and llama raise \$14,209.

**Samaritan's second annual Tour de Llama rolled out under blue skies on June 6 at Divine Llama Vineyards in East Bend.**

Thirty-four sponsors and 99 cyclists raised money to feed the hungry and shelter the homeless. Riders chose from 30- or 60-mile rides.

Carl Porner, a returning rider, said that the ride is good for both experienced riders and those just starting out.

"The route is well-marked and goes through some very scenic back country roads," he said. "I can't say enough about the wonderful food at the end of the ride. You will not leave hungry."

Ken's Bike Shop worked with Samaritan to design the course and help get the word out to cyclists. Cyclists ranged in age from 24 to 69.

The event was the brainchild of Michael West, a former Samaritan board member and owner of Divine Llama Vineyards. The setting adds a different feeling to the ride, with wine tastings, live music, food, and chances to pet and pose



with the llama that give the vineyard its name.

Grill Team Six, a group of local lawyers who donate their services as master grillers at charity events, provided a buffet of chicken, barbecue, brisket and hot dogs.

Although only in its second year, the ride has already become an event that the Samaritan community looks forward to, said Sonjia Kurosky, Samaritan's executive director.

"Feeding the hungry and sheltering the homeless is important work," she said, "but we don't always have to be so serious about it. A day in the country with cyclists and llama can be good for the soul as well."

## BOXED LUNCHES A BIG HIT

**A summer partnership with HanesBrands is bringing a regular flow of boxed lunches into the Soup Kitchen.**

Guests love the boxed lunches in the heat, said Derrick Newkirk, the Soup Kitchen Manager. Sandwiches are a rare treat for many of Samaritan's guests. Lunch meat is too expensive for the Soup Kitchen to offer.

The boxed lunches have a sandwich such as ham and cheese, a salad and an apple.



*Troy Warden and David Hawks*

HanesBrands decided to switch to summer hours, with four 10-hour workdays and Fridays off from June through the end of August. To help workers adjust to the new schedule, company management is furnishing boxed lunches for its 1,700 employees. Inevitably, some of the lunches are left over every day.

Keith Huskins, a former Samaritan board member and chief corporate development officer for HanesBrands, asked if the leftover boxes could be delivered to Samaritan and Kevin Dollhopf, vice president for worldwide real estate, gave the idea a green light.

David Hawks, operations engineer with HanesBrands, delivers the lunches each day with Troy Warden, who works in facilities management. The effort takes careful coordination, but he's glad to know that Samaritan is making good use of the food.

"I've always felt it's a wonderful organization," he said. "HanesBrands tries to take care of a lot of community needs. In an office as large as ours, we can be there to help."

*For I was hungry, and you gave me something to eat ... I was a stranger and you invited me in ...*

*Matthew 25:35*

## Samaritan Ministries

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## Good News & Gratitude

Dear Friends of Samaritan,

I hope you're enjoying summer. This is the first summer in our new building and we're continuing to explore all the ways we can better serve our guests.

Hot temperatures started early this year, so we're pleased to be able to keep the shelter open on hot days for guests who need to be inside. We're also filling water bottles and dispensing ice on request. You can read more in this issue about a partnership with HanesBrands that's bringing boxed lunches into our Soup Kitchen most days, which supplement our meals. The boxed lunches are very popular with guests.

Though the season is often a time of rest and relaxation for many of us, I'm reminded when I see our Soup Kitchen packed with 380 guests that many of our guests, and their needs, don't get a vacation. We hope you'll consider using the enclosed envelope to make a donation to help them through the summer.

Thanks, as always for your generosity.

Grace and peace,

Sonjia Kurosky, Executive Director

## Young Samaritans Organize

**Kelly Whitener first got involved at Samaritan Ministries when she was asked to serve on the board of directors. From there, she and her husband, Jason, recruited four friends to form a shelter team that volunteers once a month.**

"We enjoy serving alongside our friends, as well as building relationships with the staff members and counselors we serve with," she said. "I genuinely have fun each time I go do an overnight shift."

Whitener is marketing director at Linville Team Mossman, a commercial real estate company. She and board member Michael Troutman have formed a committee of others under 40 to encourage people in their age group to get involved with the ministry.

Younger people can bring new energy and enthusiasm to Samaritan's fundraisers and events, she said.



Kelly Whitener

"There seems to be a general desire among our generation to pursue social justice and care for the poor," she said. "Samaritan is a great place to get people engaged in this within our local community."

Whitener said that she knows many people her age don't know much about Samaritan. The group can serve as a bridge to get them involved.

"Samaritan has always been a product of strong community support," she said, "But that is something that must always be cultivated and renewed with each generation to ensure the support will continue in the future."

# Mental health for the homeless

**Six years ago, Liz Arnold, an associate professor with the Wake Forest Baptist Medical Center's department of psychiatry and behavioral medicine, was moved by the number of homeless people she saw as she drove around town.**

Arnold suspected that many of those homeless people would benefit from mental health counseling. So she got the idea to offer a free mental health clinic to serve homeless people.

The Homeless Opportunities and Treatment (HOT) Project opened at Samaritan in the summer of 2009, and saw about 150 people the first year. Since then, Arnold and her staff have seen over 850 people.

Samaritan provides free space for the clinic in its new offices on Northwest Boulevard. CenterPoint Human

Services pays for medications. Kate B. Reynolds Charitable Trust, Health Care Division, pays for staff and other expenses.

HOT Project services are open to anyone who is homeless. The staff sees people three days a week around lunchtime because many of the area's homeless people eat lunch at the Soup Kitchen and Samaritan is a familiar place.

"The homeless population is very diverse," Arnold said. "Mental illness can happen to anybody."

A number of factors have driven demand for the HOT Project. The recession has lingered in this region longer than other parts of the country putting a lot of people out of work, which triggers depression and other mental health problems. First people lost their jobs, then their houses.

Even with the passage of Obamacare, many North Carolina residents still



Liz Arnold

don't have health insurance, Arnold said, because the state didn't choose to expand the Medicaid program. The HOT Project can help fill that gap in services.

The new offices for HOT Project have been a hit with HOT Project clients. In the old building, staff had to borrow offices when people couldn't climb the stairs.

"What's wonderful is that we have bright and cheery ground-level space that's easy for our clients to access," Arnold said.

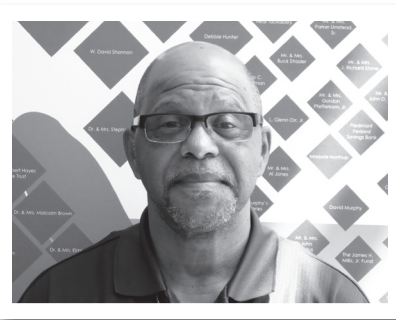
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## A Warm Welcome

**The Rev. Roy Blake is one of the first faces that a new guest sees when he enters Samaritan's shelter. Blake is a hospitality leader, a new position for volunteers.**

Hospitality leaders work from 6 to 10:30 p.m. one night a month. They help with check in and make sure that all new guests' clothing and belongings are heat treated to kill any bed bugs, a common problem in shelters, dorms and hotels.

Blake learned about Samaritan through his brother-in-law, Kacie Moore, who is a part-time staff counselor.



Rev. Roy Blake

"It's a blessing that there are avenues to give the homeless a home," he said, "and to let them know life has a lot more to offer."

Blake was homeless for a brief period as a teenager. He slept in cars and

empty refrigerator boxes until a friend's family took him in and later adopted him.

He worked in maintenance for the Winston-Salem/Forsyth County School system for 27 years and was co-president of the Forsyth County Foster Care Association for a number of years. He is currently pastor of the Midway Church of Christ in North Tazewell, Va.

Having struggled as a young man, Blake now enjoys giving back and hearing how much shelter guests appreciate a home like Samaritan and the services it offers.

"To them," he said, "this is like getting a gift on Christmas morning."

*SAM & Eggs, Samaritan Ministries' annual fundraising breakfast, is approaching. We're looking for corporate sponsors. This year's SAM & Eggs will be on September 29 at Bridger Field House. Contact Jan Kelly at: [jan.kelly@samaritanforsyth.org](mailto:jan.kelly@samaritanforsyth.org) for more information.*



FOOD FOR THE BODY. HOPE FOR THE SOUL.

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## WISH LIST



### AUGUST

Cold breakfast cereal, pasta (any type), toothpaste (sample size), socks, high efficiency laundry detergent packs/pods, ground beef (50 lbs.)

### SEPTEMBER

Apple and orange juice (46 oz. cans), disposable razors, toothpaste, hand lotion and soap (all sample sizes), high efficiency laundry detergent packs/pods

### OCTOBER

Ground coffee (regular), hand lotion (sample size), socks, razors, high efficiency laundry detergent packs/pods

### NOVEMBER

Ground coffee (regular), sugar, disposable razors, hand lotion and soap (sample sizes), high efficiency laundry detergent packs/pods

**Donations:** We also accept prepared foods leftover from special events, corporate gatherings, etc. Drop off donations daily between 9 a.m. to 5 p.m. You don't need to call before delivery.

Follow the signs for food delivery.

## Volunteer Opportunities

### Evening spots open

This is a great opportunity for those who work full time to get to know our guests a little better without committing to an overnight stay. All of these positions work from 6 p.m. to 10:30 p.m., one night a month.

### Dinner leaders

We have an urgent need for dinner leaders, who oversee dinner preparation and clean-up. **Check-in leaders and hospitality leaders** are the friendly faces that greet guests and help them check in.

### Shelter teams

August has traditionally been filled by Moravian church members. September is for Methodists and October for Presbyterians. Overnight shelter teams of six people volunteer from 6 p.m. to 7:30 a.m. If you have a small group that's interested in any month to supplement the regular rotation, contact Anna Donze, volunteer coordinator, at: [anna.donze@samaritanforsyth.org](mailto:anna.donze@samaritanforsyth.org) or 748-1962 ext. 303.

### Soup Kitchen positions

We have a limited number of volunteer positions on weekdays. We particularly need people willing to wash pots and help with food prep. If you're a hands-on kind of person, contact Anna Donze, volunteer coordinator, at: [anna.donze@samaritanforsyth.org](mailto:anna.donze@samaritanforsyth.org) or 748-1962 ext. 303.

Thank you for being Good News to those in need.

