THE GOOD SAMARITAN

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Fall 2014

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PENNY CAMPAIGN COLLECTION DAY

Saturday, Dec. 6, 2014 10 a.m. to 4:30 p.m. 110 Oakwood Drive

Extended drop-off deadline: Drop off your collected coins and dollars through Jan. 15 at Samaritan Ministries.

OUR NEW ADDRESS:

We should be in our new building by mid-December, but as we go to press, we're not sure exactly when our move will take place. The post office will forward any mail sent to our Patterson Avenue address for six months. Please be aware that our new address also has a new zip code: 414 E. Northwest Blvd. Winston-Salem, NC 27105. The phone number remains the same: 336-748-1962. Watch for news about our Community Open House early in 2015 on our website.



Breitbach, Lake recognized

About 375 people attended our SAM & Eggs Annual Fundraising Breakfast, where Paul Breitbach and Gilmour Lake received the Good Samaritan Philanthropy Award for their work on Samaritan's capital campaign. Breitbach served as Campaign Chairman and Lake was the Honorary Campaign Chairman.

The breakfast was held at Bridger Field House on Sept 25. Hanesbrands sponsored the event, along with 25 other people and local companies.

The Good Samaritan Philanthropy Award is given annually to a person or group that has made significant contributions to Samaritan.

Samaritan has raised \$129,000 from the event and 69 new donors attended the breakfast.

As the area struggles with the fallout from the Great Recession, there are challenges ahead, Sonjia Kurosky, Samaritan's Executive Director, told attendees. The shelter admitted 41 new guests in the month of August and 35 in September. The working poor, unemployed



Paul Breitbach, Sonjia Kurosky, and Gilmour Lake

and underemployed continue to count on the Soup Kitchen for lunch. According to a recent study by the N.C. Justice Center, Winston-Salem has a poverty rate of 27 percent.

Making a case to the community for a new building in that difficult climate was Breitbach's and Lake's job.

"They brought thoughtful and humble, yet strong leadership to the task of raising \$4.1 million," Kurosky said.

A DISTINCTIVE PRESENCE

From a curved wall to a tilting skillet, Samaritan Ministries' new building is a distinctive presence at the corner of Ivy Avenue and Northwest Boulevard.



The building is expected to open to guests early in December.

"The building makes an important statement about the community's dedication to helping those in need," said Sonjia Kurosky. "Not only will our new building allow us to serve our guests more effectively, but it will also give them respect and dignity in the process."

There will be a computer lab for guests, which will help them look for work. Four healing beds will be available for shelter guests who are too sick to be outside during the day. For I was hungry, and you gave me something to eat ... I was a stranger and you invited me in ...

Matthew 25:35

Samaritan Ministries BOARD OF DIRECTORS 2014-2015

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Consultant Hank Myers Board VP, Operations Owner, HLM Construction Co.

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Good News & Gratitude

Dear Friends of Samaritan,

This is the time of year when we traditionally celebrate the fruits of the harvest, even if they are more likely to come from the grocery store than our own gardens.

For one thing, we'll be moving into our new building in December.

We have also been blessed with many helping hands in recent months. You can read about the Black Tigers on page three. On the same day that they delivered a check, a team of Wells Fargo volunteers helped us with cleaning in our old building and landscaping at our new site.

Costs in our new building will increase about 20 percent, so our joy at being in a new space is tempered by our sense of the challenges of fundraising in a difficult climate.

You are certainly among the blessings that we count in this season and we thank you for the support that enables us to continue our work. Grateful as we are, we know that for many people in this area, fall is just another season of want in a nation of plenty.

Grace and peace,

Sonjia Kurosky, Executive Director

P.S. David Kessler, the artist who created our last two holiday cards, is back to complete his triptych with a painting of our new building. Look for the order form enclosed and consider our cards as a way to honor someone's memory or to recognize special friends, family members, teachers or clients for alternative holiday giving.

Soup Kitchen's Strader retires

When Cathie Strader arrived at Samaritan as Soup Kitchen Manager in 1998, 175 guests was considered a big day.

Strader, who will be retiring from Samaritan in November, now regularly oversees lunch preparation for 400 guests. Cooking for such a crowd 365 days a year requires creativity, stamina and the ability to extemporize.

A few years ago there was a fire in Samaritan's fuse box and the building lost power. The Red Cross came and asked what help was needed.

"We've got to fix lunch," Strader said.

The Red Cross called a nearby restaurant and asked them to provide sandwiches, chips and drinks. Strader and the Soup Kitchen team put bagged lunches together and handed them out the door to guests.

Strader counts getting to know all the volunteers and guests as the most fun part of her job. "It's a group of people you would never meet unless you worked here," she said.

Faye Gray, a Soup Kitchen volunteer since 2000, said that the Soup Kitchen Manager must be flexible, love what she does and inspire others. When the lunch time crowd continued to grow, some volunteers panicked over serving so many people.

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"She kept encouraging us," Gray said. "She would say, 'It's going to get better. We'll adjust. Don't stress out.""



Cathie Strader

Project Cornerstone On the Move

Charlie: Samaritan saved my life

When Charlie came to Samaritan, he was addicted to crack, had a spotty work history in construction and manufacturing and a history of childhood mental and physical abuse that left him isolated and unwilling to trust others.

"I looked down at the ground when I talked to you," he said. "I was ashamed. For 20 years, I was a street person."

Steve Stover, shelter manager, started talking with Charlie and recommended he talk with a HOT Project counselor. The HOT Project, an onsite mental health clinic, is a partnership between Samaritan and the Wake Forest Baptist Medical Center Department of Psychiatry and Behavioral Medicine.

"The counselor was the first person I talked about my past to," he said. "It took a load off my shoulders."

The HOT Project counselor prescribed medicine for Charlie's depression and helped him channel the anger and resentment he carried as a result of his abuse.

From there, Charlie decided to enter Project Cornerstone.

"I didn't like it to start with," he said. "I was being told what to do, what to eat."

In time, he grew to appreciate the structure because it was easy to stay off drugs. He stuck with the program and graduated in 2012.

Shonta Fleming, supportive services counselor to Project Cornerstone, said that Charlie is an inspiration to others in the program. He comes back to volunteer in the shelter and to encourage the men who are currently in the program.

"Today I can eat what I want out of the refrigerator. Watch what I want on TV," he said. "It's the best I've been in 20 years. Samaritan has saved my life."



Charlie



Sonjia Kurosky with the Black Tigers.

Black Tigers go the extra mile

A group of local Harley Davidson enthusiasts stopped traffic on Patterson Avenue on a recent Saturday morning as they rode into town to deliver the money they raised in a charity ride and food drive for Samaritan.

The Black Tigers held their event on Sept. 6 and raised \$760 for Samaritan.

The Tigers are a local coed African American group of Harley Davidson enthusiasts founded in 2011, whose mission is to be a positive force for change.

"We're here to better the community, and to show that not all motorcycle enthusiasts are about gangs or partying," said Curtis Foster, the event coordinator for the group.

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Shelter beds will increase from 69 to 80 and shelter volunteers will have their own dorm, not the multipurpose room that they've traditionally used.

The Dining Room will go from 47 to 96 seats, which will allow for more interaction between volunteers and guests. Knowing more about guests and their stories should make it easier to offer referrals, help and counseling.

A tilting skillet, a feature found in many large scale cooking operations, is one of the many features in the new Soup Kitchen which will make it easier to cook and serve large amounts of food at one time.

As exciting as the new building is, it is almost double the size of the old building and costs to operate it are expected to rise about 20 percent.

"We are feeling the pressure to raise the additional money," Kurosky said, "but the need in the community is so great that we felt called to step out on faith as our founders did and trust that God will provide."



FOOD FOR THE BODY. HOPE FOR THE SOUL.

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email: samaritan@triadbiz.rr.com www.samaritanforsyth.org

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WISH LIST

DECEMBER

Bib aprons, dish towels, men's winter gloves, toboggans, socks, men's deodorant

JANUARY

Canned fruit, sugar, deodorant, high efficiency laundry detergent packs/pods, ground beef (50 lbs.)

FEBRUARY

Ground coffee (regular), peanut butter, toothbrushes, toothpaste (sample size), men's deodorant

MARCH

Canned fruits and vegetables (large #10 cans), disposable razors, high efficiency laundry detergent packs/pods

Donations: We also accept prepared foods left over from special events, corporate gatherings, etc. Drop off donations daily between 9 a.m. to 5 p.m. You do not need to call prior to delivery.

Parking is available behind the building. Ring the doorbell (next to the burgundy door) at the loading dock for entry.

At our new building, look for signs to direct you to the delivery location.

Thank you for being Good News to those in need.

Non-Profit U.S. Postage PAID Winston-Salem, NC Permit No. 395

Volunteer Opportunities

Soup Kitchen teams

We will need to add three to four new members to each Soup Kitchen team. Team members help prepare and serve meals to 350 to 450 guests from 9 a.m. to 1:30 p.m. We particularly need help Monday through Wednesday.

Shelter teams

Now's the time to sign up for a shelter team in 2015. Shelter teams work 6:15 p.m. to 7:30 a.m. January has traditionally been staffed by local Baptist churches, February is Lutheran churches month and March is for Centenary United Methodist and other Methodist churches.

Hospitality leader

This is a new position at Samaritan. Be the friendly face that greets first-time guests and helps them check in, from 6 p.m. to 10:30 p.m. For more information, please contact Anna Donze, volunteer coordinator at: volunteer@ triadbiz.rr.com or 748-1962 ext. 219.

Get ready for the Souper Bowl

Sunday, Feb. 1, 2015

On Super Bowl Sunday, 140 million people across the U.S. will gather to watch the game – and eat. During that time, there will also be people who are worried about finding shelter and a warm meal.

Please consider supporting Samaritan by encouraging your church youth group, family or friends to join with others across the country through a donation to the Souper Bowl of Caring.

Helping out can be as simple as taking up a collection at your Souper Bowl party or putting a few dollars in a soup pot as you leave worship on Feb. 1.

For more information, visit www.souperbowl.org or contact Samaritan at 724-4086 ext. 225 or mary.samaritan@triadbiz.rr.com